

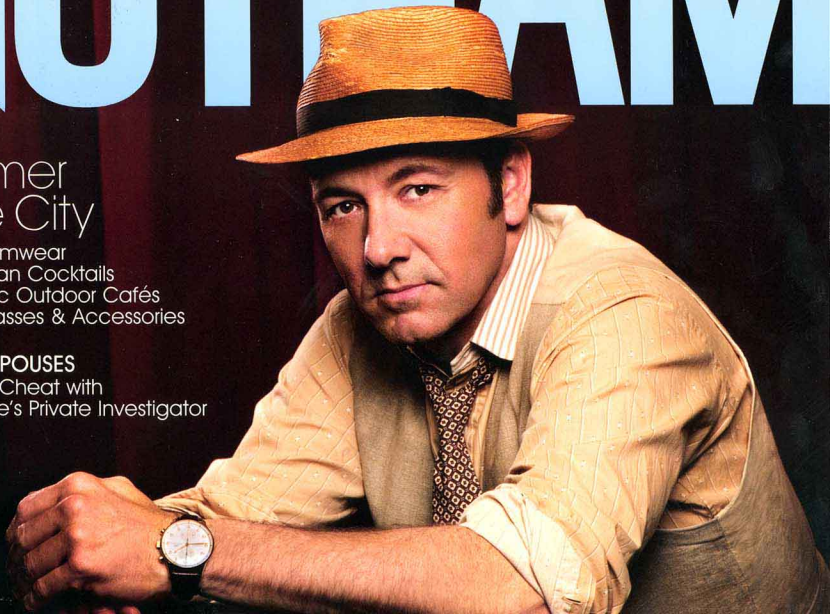
GOTHAM[®]

Summer in the City

Splashy Swimwear
Cool Brazilian Cocktails
Hide & Chic Outdoor Cafés
Sexy Sunglasses & Accessories

TRAILING SPOUSES

Chasing a Cheat with
Park Avenue's Private Investigator



Crunch Time

A famous philosopher once said,
“The longest walk is the one from
your beach towel to the water.”

If that strikes a chord
(or fear into your heart),
check out one of these fitness ideas
and get in swimsuit shape fast.

FOR FASHIONISTAS

There comes a time in every Pilates devotee's life when cardio can no longer be ignored. So thank God for JumpSnap! at **Power Pilates** (49 West 23rd Street, 212-627-5852; powerpilates.com)—an hour-long class that combines mat Pilates with aerobic conditioning using the JumpSnap, a computerized ropeless jump rope that ticks out the rhythm. Five-minute intervals of jumps, including high knees and backward kicks, get the heart racing and stave off a second gym visit. Invigorating.—INGRID SKJONG